

## **Villanova University Athletic Training Policies**

In accordance with Commonwealth of Pennsylvania licensure laws and University policy, Villanova Athletic Trainers are only permitted to provide limited athletic training services to summer camp participants. The approved services Villanova Sports Medicine staff members are permitted to perform during camps and clinics consist of the following:

- Evaluation and treatment of injuries requiring only basic first aid, including the application of ice
- Basic first aid (wound dressing, blister care, etc.)
- Initiation of emergency response procedures, including administration of CPR, use of an AED and use of an epipen and I or inhaler, when necessary
- Reasonable measures to prevent dehydration and heat stroke
- Supplying crutches to an injured camper, provided the camper is sent home with a parent or guardian for an evaluation by a physician

Services that cannot be provided by the Sports Medicine staff in conjunction with Villanova Summer Camps and Clinics include:

- Therapeutic modalities (electrical stimulation, ultrasound, whirlpool treatments, etc.)
- Return to play decisions
- Therapeutic exercise | reconditioning | rehabilitation
- Athletic taping, bracing or padding
- Splinting or spine boarding
- Dispensing of medications
- Injury evaluation beyond basic first aid I emergency response procedures